

## Montrose Bed and Breakfast Purcellville

"1790's house, brick and stone, Quaker built, 3 guest rooms, 2 full guest bathrooms, central A/C and heat from geothermal and solar systems, screened porch, pool, pond, large bank barn for events/weddings, owner is wedding florist, special diet requests honored, very peaceful and quiet facility. Lots of historic sites, vineyards, good healthy restaurants, and scenic areas nearby.



We joined Virginia Green to encourage guests to use green facilities and to educate guests on the beauty and ease of going green. We purchase local and organic foods, stock our spring fed pond with edible fish, grow some produce in our garden, have incredibly pure well water. We have bats in the barn, a martin birdhouse and fish in the pond which eat mosquito larvae, so we have no mosquitoes. Our pond attracts birds, frogs, geese and a large blue heron. We feed birds in winter and enjoy a large variety to watch."

### GREEN ACTIVITIES

☒ **Optional Linen Service.** Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day. This facility pledges that they:

- Have signage in each guest room explaining the linen reuse procedures
- Train house cleaners on process for optional linen service
- Purchase water and energy efficient washers and dryers
- Use non-phosphate, non-toxic and biodegradable laundry detergents
- Minimize use of bleach and chlorinated chemicals

☒ **Recycling and Waste Reduction.** Virginia Green Lodging facilities must recycle and are highly encouraged to maintain a comprehensive recycling program. This facility pledges that they:

- Provide the opportunity for guests to recycle: glass bottles, plastic bottles, aluminum cans, newspaper
- Also recycle office paper, toner cartridges, cardboard, batteries, electronic equipment

#### Guest rooms

- Use bulk soap dispensers instead of individual soaps/shampoos in guest rooms
- Use refillable shampoo bottles rather than single-use bottles
- Instruct housekeeping to save and reuse unopened items

Kitchen (or meetings/events)

- Compost food waste and other compostables

Dining room (or meetings/events)

- Use disposable foodservice items made from bio-based materials, renewable materials
- Use reusable coffee filters
- Provide condiments, cream and sugar, etc. in bulk
- Use water pitchers to minimize the use of single-use bottles

Restrooms

- Use bulk soap dispensers in public restrooms

Office

- Remove facility and staff names from junk mail lists when possible
- Reuse scrap paper for notes
- Reuse or donate shipping and packing supplies (peanuts, bubble wrap, etc.)
- Use refillable pens and toner cartridges
- Use electronic correspondence and forms when possible

Building and grounds

- Use green cleaning products that are dispensed in bulk
- Use reused building materials or those from sustainable sources
- Use latex low or no-VOC paints
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Use integrated pest management (IPM)
- Minimize use of pesticides and herbicides in landscaping



**Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

Activities indoors

- Perform preventative maintenance to stop drips and leaks
- Have installed:
  - High efficiency dishwashers
  - Low flow faucets and showerheads (use less than 2.5 gallons per minute)
  - Low flow toilets (use 1.6 gallons per flush or less)

Activities outdoors

- Have an effective landscape management plan which utilizes native species,
- Use a nutrient management plan that minimizes the use of fertilizers



**Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills

Heating and cooling

- Have installed ENERGY STAR-rated windows and doors
- Regularly perform preventative maintenance on HVAC system
- Have high efficiency heating & air conditioning (HVAC) systems
- Keep office doors and windows closed in HVAC system is on
- Have installed geothermal heating and cooling

Lighting

- Use lighting sensors to turn on/off lights
- Have installed compact fluorescent light bulbs in all rooms and in canned lighting
- Have installed directional (downward-facing) lighting in parking areas and other outdoor areas

Appliances and electronic devices

- Use ENERGY STAR qualified appliances (commercial kitchens, heating and cooling, consumer electronics)

Source of energy

- Generate electricity from photovoltaic solar panels



**Green Events Package.** The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided. This facility pledges that they:

- We do not host conferences and events




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For more information on the Montrose Bed and Breakfast see [www.Montrosefarm.com](http://www.Montrosefarm.com) or contact Louise Lynn at [Louise@rstarmail.com](mailto:Louise@rstarmail.com) or 540-751-0815.

**Virginia Green** is the Commonwealth of Virginia’s campaign to promote environmentally-friendly practices in all aspects of Virginia’s tourism industry. *Virginia Green* is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation. The program has established “core activities” specific to each sector of tourism; these practices are the minimum requirements for participation in the program, but encourages participants to reduce their environmental impacts in all aspects of their operations.

For more information on **Virginia Green** program, see [www.deq.virginia.gov/p2/viriniagreen](http://www.deq.virginia.gov/p2/viriniagreen) or [www.viriniagreentravel.org](http://www.viriniagreentravel.org).

